

To the Babysitter ...



Parent Info:

Where we will be: _____ Phone number there: _____

Mom's cell: _____ Dad's cell: _____ We will be home by _____ a.m. p.m.

Household Info:

Address here: _____ Landline here: _____

Trusted neighbor: _____

Pediatrician: _____

Preferred hospital: _____

Child Info:

Name: _____ Age: _____ Allergies: _____

Notes: _____

Name: _____ Age: _____ Allergies: _____

Notes: _____

Name: _____ Age: _____ Allergies: _____

Notes: _____

Name: _____ Age: _____ Allergies: _____

Notes: _____

Household Rules:

Bedtime is at: _____ Nap time is at: _____

Screen time allowed _____ not allowed _____ for no more than _____ minutes

Snacks allowed _____ not allowed _____ at these times: _____

Meal times: _____